

# Be an EARTH MENDER™

*An Action Hero—for the Earth™*



## **EarthMender Tips**

Here are 10 simple ways EarthMenders help the planet while helping their parents and teachers, too.

- 1) **Turn off the lights**—conserves energy, cuts down on pollution and saves money on your parents' electric/light bulb bills
- 2) **Catch the bus**—cuts down on air pollution conserves gas and saves your parents time and gas money
- 3) **Clean your plate and eat leftovers**—cuts back on energy used for agriculture and keeps your parents' grocery bills down
- 4) **Pick-up your toys from the yard**—helps your parents and the toys will last longer
- 5) **Pick-up your clothes.** They'll last longer, saving your parents money...Plus, if you keep them clean, you can often wear them again, cutting back on chemicals, energy and water used to wash clothes
- 6) **Put your own paper and plastic in the recycle bin**—keeps your room clean and cuts down on landfill waste
- 7) **Pick up trash in your yard or around the school**—tidies the grounds and keeps trash from entering our soil and waterways
- 8) **Don't beg for fast food**—saves your parents money and cuts back on disposable waste
- 9) **Pass down sibling's clothes**—cuts down on the budget, cuts back on energy and resources needed to produce and ship
- 10) **Turn off the water**—cuts down on water/water softening/water heater bills while conserving our natural resources.

**RE-duce**

**RE-use**

**RE-cycle**

**RE-sponsibility**